

**COLLEGE OF INTEGRATED CHINESE MEDICINE**  
**JOB DESCRIPTION FOR QIGONG TEACHER**

**Title of post:** Qigong Teacher

**Accountable to:** Five Element Skills Programme Leader (Charlotte Brydon) / Academic Director (Lynda French)

**Purpose of the role**

To teach Qigong that helps acupuncture students become steady, sensitive, and clinically ready. The role focuses on simple, repeatable practices (standing, breath, sensing) that build Qi awareness and link directly to clinic tasks such as pulse-taking and point location.

**Duties and responsibilities**

**Teaching**

- Plan and deliver Qigong sessions (120 minutes) that develop posture, breath, intent, and practical Qi sensitivity for clinic as agreed within the teaching timetable
- Emphasise Five-Element-aligned methods
- Make explicit links to clinical skills (e.g., neutral state for pulses; soft, Qi-filled hands; clear point location).
- Model safe touch and clear consent for any physical adjustments; provide accessible options.
- Set short, doable home practice and offer brief feedback loops (verbal/peer).
- Upload session plans and brief notes to the VLE; share handouts/videos where helpful.

**Student participation (hurdle) & feedback**

- Contribute to a light-touch, **pass/fail** participation requirement (attendance, simple practice evidence, brief reflection).
- Provide concise formative feedback to support consistent practice and professional conduct.

## **Course coordination / development**

- Liaise with Programme Leads to align timing, content, and learning outcomes with the wider curriculum and exams.
- Flag student support needs to the Academic Director/Student Experience team as appropriate.
- Take part in termly reviews and update materials accordingly.

## **General**

- Attend Staff Development Days and be willing to learn from and share with, support and be supported by colleagues and staff.
- Carry out specific tasks such as marking the register at the beginning of class.
- Leave the classroom tidy and secure, including technical equipment and all other resources, after teaching.
- Return any equipment to its appropriate store within the college.

## **Teaching scope**

**Who:** BSc Acupuncture students (Levels 4–6)

**What:**

- Standing work (finding centre/ground)
- Breath practices (observed → diaphragmatic/waist breathing)
- Qi sensing (solo and partnered)
- Clinic-linked applications (neutral state for pulses; point location sensitivity; needle-adjacent hand skills)

**How:** Demonstration → guided practice → pair/small-group feedback → brief consolidation.

## **Person specification**

### **Essential**

- Experienced Qigong teacher, confident with adult learners.

- Able to link practice to clinic tasks (pulse, point location, practitioner state).
- Clear communicator; models consent-based adjustment and accessibility.
- Organised and able to use VLE/Zoom/Office tools.

### **Desirable**

- Qualified acupuncturist with a Five-Element background.
- HE/FE teaching experience; small-group clinical skills teaching.
- Trauma-aware teaching language.

### **Terms of appointment**

- **Hours:** Sessions are 2 hours, delivered 1–2 times per month, with some Saturday/Sunday delivery as needed. Exact dates agreed a term in advance.
- **Salary/Rate:** £39.50 *per hour (taught hours)*
- **Location:** CICM Reading, with occasional online sessions if required.
- **Contract:** Self-employment contract.
- **Probation:** 3 months.
- **Compliance:** Right to work in the UK; adherence to College policies (H&S, Safeguarding, EDI, Academic Integrity).

### **How to apply**

To apply please send your CV with a covering letter, explaining why you think you would be suitable for this role.

Please direct any questions & return all applications to the Academic Director, Lynda French, at [LFrench@cicm.org.uk](mailto:LFrench@cicm.org.uk)

**Deadline:** 2nd January 2026

**Interviews:** Thursday 15th January 2026 - in the afternoon, online

*This job description will be reviewed at regular intervals following discussion between the Management Committee, the Programme Leader for Five Element Skills, and the Qigong faculty.*

Dec 2025