

CICM Clinical Study Trip to China

8th October to 28th October 2010

The College of Integrated Chinese Medicine is arranging a clinical study trip to China to study Acupuncture, Tuina and Chinese Herbal Medicine in collaboration with Guangdong Second Provincial Chinese Medicine Hospital.

This is a modern TCM hospital with 420 beds and 20 clinical departments. On average it has 2000 outpatients attending daily. All patients are treated according to TCM methodology.

What the course offers:

- Two weeks of clinical experience in one of China's most modern TCM hospitals.
- Guided clinical groups where you will have the opportunity to observe and take part in the treatment of patients under the supervision of senior TCM doctors.
- In-house lectures from the hospital staff that are clinically orientated and translated where required.

This will be a clinically based course suitable for qualified Acupuncturists, Chinese herbalists or Tuina practitioners. In addition to the clinical course, we will be arranging an interesting social programme in which you may choose to participate; there are many trips and tours available in Guangzhou and examples of these are described below:

- A guided tour around the city of Guangzhou.
- A trip to nearby Hong Kong to take in the sights, restaurants and shopping.
- A trip to the nearby mountains, a chance to escape from city life and spend some time walking in the forests, visiting temples or just taking it easy.

October is a good time to visit this part of China with temperatures ranging from 65 to 75 degrees.

Itinerary

1. Depart London on 8th October and arrive in Hong Kong on 9th October. We will then travel by coach or train to our accommodation in Guangzhou, approximately a 2-3 hour journey.
2. Sunday 10th October can be spent acclimatising to your new surroundings or visiting the local area. In the morning there will be a reception arranged to meet the hospital staff.
3. Monday 11th October – Friday 15th October: Hospital Clinical and Lectures.
4. During the first weekend of 16th-17th October we will be organising an excursion out of the city and into the mountainous area surrounding Guangzhou, departing Saturday, staying overnight and returning Sunday.
5. Monday 18th October – Friday 22nd October: Hospital Clinical and Lectures.
6. Saturday 23rd October – Certificate presentations, followed by a Chinese banquet to mark the end of the clinical training and say thank you to our hosts.
7. Sunday 24th October – Day Trip to local tourist attraction.
8. Monday 25th October – Visit to local TCM University or herbal medicine factory in the morning and then depart to Hong Kong in the afternoon and check into our hotel.
9. Tuesday 26th October we will spend another night in Hong Kong, a guided tour will be arranged to take in the famous Hong Kong sights and do some last minute shopping.
10. Depart on Wednesday 27th October and arrive back in the UK on Thursday 28th October.

Cost of Clinical Study Trip: £1,890 (this price is fixed at the moment but the Chinese costs are in US\$. If the cost of the flight increases to above £400 per person or the US\$ is more than 5% worse than \$1.528/£, we will have to pass on the extra.)

What the price includes:

Plane fares, travel connections by coach or train, accommodation in China, all clinical training and lectures, transfer to and from the hospital, interpreter fees, end of course Chinese banquet, accommodation in Hong Kong.

What the price does not include:

Excursions, personal travel insurance (compulsory) and visa (compulsory), cost of other meals.

IMPORTANT

- **Please ensure that your passport has at least six (6) month's validity from the date of your return to the United Kingdom.**
- **Please ensure that your application form gives your full name exactly as it appears on your passport.**
- **Airport taxes and surcharges are subject to change until final payment is made.**

Accommodation

The accommodation is in a nearby hotel and is within 10 minutes walking distance of the Hospital. The Bai Yun mountain is also within walking distance and is a popular place for local people to spend time relaxing. Twin rooms are allocated within the price but single occupancy is available subject to payment of a single room supplement.

The Hospital

The Hospital is situated adjacent to Baiyun Mountain; there is a nearby lake in a scenic area that is frequented by both patients and doctors. The hospital grounds cover an area of 20,000 square metres and the hospital has a staff of 480 personnel. The hospital operates a knowledge transfer and expertise exchange programme with other state hospitals and the Universities of Guangzhou and Hong Kong. The hospital has 420 beds within the 20 clinical departments and continues to expand annually. The daily average number of outpatients is in excess of 2,000, all treated according to TCM methodology.

Our Host is Dr. Yao-Sheng Tu, Professor of Medicine. He is a medicine tutor in Guangdong Province, Director of the Institute of Chinese Medicine and doctoral tutor at The University of Hong Kong.

Hospital Clinical

The hospital clinic day starts at 9am for visiting students and lecture sessions are held from 3pm to 5.30pm. An experienced TCM Doctor will be responsible for your supervision. Delegates are expected always to follow the Doctor's supervision, which complies with the code of practice of medicine safety law in China. In the afternoon, lecture sessions are arranged to discuss case histories of the patients seen during the morning's clinical. There will also be some lectures on areas of specialism within the hospital, e.g. oncology, treatment of stroke patients. The hospital reserves the right to make changes to the clinical programme as deemed necessary by the hospital administration. The hospital will supply all necessary equipment, white coats etc.

A certificate will be issued upon satisfactory completion of the study programme.

Guangzhou Basics

Guangzhou is the Capital of Guangdong province in Southern China. Formerly known as Canton in the West, Guangzhou has been a gateway to China for foreign travellers for many centuries. Today Guangzhou is recognised as one of the most prosperous, liberal and cosmopolitan cities in China. Although a major city, Guangzhou boasts the largest urban park in China, The Shamian Dao, an island of refurbished colonial buildings, where it is possible to take a step back in time and escape the bustle of the city streets. Guangzhou is regarded as one of the best places to eat in China and is famous for its old, established restaurants and for the more adventurous there are countless eateries lining the back alleys offering a wide array of delights!

The climate in Guangzhou is sub-tropical, with the best weather found in Spring and Autumn

The currency is the RMB or Chinese Yuan

Security

Guangzhou is a relatively safe city but, as with all major cities, there are some parts that should be avoided such as the train stations where pick-pocketing is common. It is advisable to stay in groups rather than travel around alone and avoid wearing expensive jewellery or carrying large amounts of cash. The accommodation has 24-hour security staff and is in a relatively quiet area of the city.

Vaccines

There are currently no compulsory vaccines for this part of China but, as with most Asian countries, there are some advised. Check out with your local pharmacy or GP surgery, which vaccines are recommended. Apart from the normal tourist vaccinations, you should also consider Hepatitis B, as you will be working in a hospital.

Visas

The hospital will send out an invitation letter prior to the trip, you will then have the choice to either visit the Chinese Embassy (London or Manchester) to apply for and collect your Visa (2 visits) or obtain your visa through China Visa Direct (recommended).

College of Integrated Chinese Medicine

19 Castle Street, Reading

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Fax: 0118 950 8890

Email: admin@cicm.org.uk for bookings.

The trip is led taken by Tony Booker and any questions can be addressed to him at: tony@chinesemedicineworks.co.uk

Website: www.cicm.org.uk

CICM China Clinical 2010, APPLICATION FORM

PLEASE COMPLETE ALL SECTIONS USING BLOCK CAPITALS

Please complete name exactly as shown on passport

Title:	First Name:	Surname:
Address:		
		Post Code:
Telephone:	Mobile:	Email:
Date of Birth:	Male/Female:	

Passport No:

Your training details, please include any previous study trips to China

School / College / other place of study	Dates attended and duration of course	Subject / Course Title (e.g. Chinese medicine, western medicine, herbs, acupuncture etc)	Qualifications obtained

Please list below any special dietary requirements, e.g. vegetarian

Please list below any health complaint and/or disability

ON THE TRIP

Please tick any of the following that apply,

I wish to study Acupuncture	<input type="checkbox"/>
I wish to study Chinese Herbal Medicine	<input type="checkbox"/>
I wish to study Tuina	<input type="checkbox"/>
I wish to have a single room in Guangzhou (£220 supplement)	<input type="checkbox"/>
I wish to have a single room in Hong Kong (£90 supplement)	<input type="checkbox"/>

BOOKING CONDITIONS,

Cancellation.

If you cancel your trip, you will need to notify CICM of this in writing. Since we may incur costs in cancelling your trip, you will have to pay the applicable cancellation charges, which could be up to 100%. If the reason for your cancellation is covered under the terms of your insurance policy, e.g. medical condition, you should be able to reclaim these charges and so you are strongly advised to take out your insurance as soon as you have paid any money out. If the trip is cancelled due to circumstances beyond our control e.g. natural disasters, political changes etc, we will endeavour to reclaim any funds paid out, however, the air fares are non-refundable and so would have to be claimed through your travel insurance.

We also reserve the right to cancel your trip in any circumstances; for example, if the minimum number of people required for the trip is not reached, we may have to cancel it, in which case a refund is applicable.

Changes to your trip:

The trip is planned many months in advance and occasionally we may need to make some changes to arrangements. We reserve the right to make any necessary changes at any time. Most of these changes will be minor and we will advise you of them at the earliest possible date.

I have read and understood the above booking conditions and enclose a deposit of £800 (made out to CICM), payable by April 30th 2010 to secure my place on the trip. I understand that the balance of the cost must be paid by 1st August 2010.

Signed:	Date:
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Please return this form with your deposit to:
FAO Silvia Hovancova, CICM, 19 Castle Street, Reading, RG1 7SB